

HIGHLIGHTS

Welcome to Village Green

WHERE COMMUNITY COMES TOGETHER

We are at the heart of Kingston and our purpose is to CONNECT AND STRENGTHEN THIS COMMUNITY. The Kingston Library, Boys & Girls Club, Elevated Adventures, and Senior Center are all located here in one place. We are also an event space for weddings, conferences, meetings and more. Located near downtown Kingston and the Kingston/Edmonds ferry.



FEBRUARY 2024 NEWSLETTER

Artist Reception for Margaret Wright-Niemann

February 9th at 6:30 pm ~page 3~

Couple's Massage Class

February 10th from 10 am - 1 pm

to register call 360-271-7094 ~page 10~

Hometown Reunion

February 17th from 10 am - 12 pm

Kingston Historical Society ~page 2~

MUCH MORE INSIDE...

PH: 360-297-1263 www.MyVillageGreen.org 26159 DULAY ROAD NE KINGSTON, WA 98346

WHAT'S NEW?

The Kingston Historical Society is hosting an event for our 2025 book All in One Place: 100 Families from Kingston's First 75 Years.

Please save this date:

Hometown Reunion

Saturday, February 17, 2024 10 am – 12 noon

Village Green Community Center, Kingston



Invitation and further details will follow in January.

Please share this email so our Kingston neighbors know to join us to reminisce about the earlier days of our tiny town.

Add family members to our invite list or submit family histories or photographs:

kingstonwahistory@gmail.com

Kingston Historical Society | PO Box 263 | Kingston, WA 98346



Things to know about AARP Tax-Aide:

- Customers from last year will receive an invitation via email
- Appointments can be made starting February 1st
- AARP Tax-Aide operations begin February 8th
- The link to make appointments can be found on our home page at www.MyVillageGreen.org

ARTIST'S RECEPTION FEBRUARY 9, 2024 6:30 - 8 PM



SHOWING IN THE GRAND HALLWAY GALLERY
FEBRUARY - MARCH 2024
SPONSORED BY THE VILLAGE GREEN ARTS PROGRAM



GREENWORKS LECTURE

Come join us for a discussion on transplanting

Lead by Dr. Ross Bayton,

the Garden Director of Heronswood Garden

February 13th @ 10-11:30 am Village Green Community Center

Register @ www.MyVillageGreen.org

Jointly sponsored by The Northwest Perennial Alliance & Village Green's All Things Green

GROUPS & CLUBS

Village Green
Photo Group
1st and 3rd
Mondays @ 6 pm



Bridge Wednesdays @ 12:30 pm



Kiwanis Club Thursdays @ 7 am





Kingston Writer's Group 3rd Thursday @ 2 pm





Rotary Club Wednesdays @ 12 pm Every 3rd Wednesday @ 6 pm







Kingston
Historical
Society
3rd Mondays
@ 11:15 am



Little Norway
Toastmasters 2nd
and 4th Tuesdays
@ 6:30 pm

Professionally Speaking Toastmasters 1st Thursdays @ 6:30 pm



Radio Club 1st Thursdays @ 7 pm









Chamber of Commerce 1st Thursday at 11:30 am



Kingston Super Senior Luncheon

3rd Wednesday of Every Month at 12 pm

Enjoy a hot meal and beverages while spending quality time with friends.

\$10 per person

RSVP to HETTY at (360) 297-2241 or CAROL at (360) 860-5891





EXERTION



DANCE WORKOUT 4444

Energetic, Fun, Easy to Follow \$4 | Thur. @ 5:15 pm, Sat. @ 10 am BARRE

444

Low-impact, ballet-inspired workout \$15 or 8 passes for \$95 Tues. 1 pm, Thur. @ 2:30 pm

YOGA **444**00

Hatha-style, Relaxing, Rejuvenating \$5 | Tues. & Thur. @ 8 am

QIGONG Breathing & meditative exercises Donation | Tues. @ 2:15 pm



Fun, Competitive (indoors) \$4 drop-in or \$30 for 10 passes M-F 9am-12pm, Sa 10-12



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Gentle, Relaxing, Rejuvenating Tue. @ 10 am, Thu. @ 12 pm

LINE DANCING Exercise body & brain and have a blast



\$2 drop-in or \$20 for 11 passes

Stretching, cardio and resistance **FULL BODY** training to tone every part of your TONING body | Mon, Wed, Fri @ 11 am \$2 drop-in or \$20 for 11 passes

FREE | Tuesday @ 11 am

KICKBOXING

Get a whole body workout based on martial arts. \$15 | Saturday @ 1 pm

TAI CHI ••000

Gentle, Relaxing Donation | Tues. @ 2:45 pm

VILLAGE GREEN COMMUNITY CENTER



Village Green Community Center is bringing new life to its monthly newsletter. Now, locally printed and designed, it has brighter pages, sharper images, flexible ad spaces, and a steadily growing reader base as more of Kitsap discovers the heart of Kingston.

To advertise with us, contact Programs@myvillagegreen.org

February Library Programs

<u>Adults</u>

Kingston Book Group

This month we will discuss: "L.A. Weather" by Maria Amparo Escandón Wednesday, Feb. 7, 10:00 -11:30 a.m.

<u>Kids</u>

Read to a Dog Grades K-5

Wednesday, Feb. 7 & 28, 3:30-4:30 p.m.

Take & Make: Lunar New Year Craft

Daily, Feb12-16. While supplies last.

LEGO Lounge

Drop-in to build LEGO creations! Tuesday, Feb. 13, 2-4 p.m.

Dot Art

Drop-in to pain a dot art masterpiece. Grades K-5 Wednesday, Feb. 21, 3:30-4:30 p.m.



Parachute Party

Shake and move the big parachute to silly kids' music. Ages 2-5 years. Thursday, Feb. 1, 11-11:30 a.m.

Family Storytime Ages 0-5

Mondays, 10:30-11 a.m. - No storytime Feb. 19

Baby Storytime

Mondays, 1-1:30 p.m. - No Storytime Feb 19

Little Explorers

Explore different STEM concepts through hands-on activities. Ages 3-5 Tuesday, Feb. 13, 11-11:45 a.m.

Baby Band

Babies and caregivers enjoy musical experiences that build early literacy skills and encourage social and emotional development.

Wednesdays, Feb. 14 & 28, 10:30-11 a.m. Thursdays, Feb. 8 & 22, 1-1:30 p.m.









HEART

HEARTBEAT

ARROW

CANDY

CELEBRATE

CHERUB

CRIMSON

FEBRUARY

FUN

GLITTER

PARTY PINK

HONEY POEM HUGS RED **KISSES** SHY

LACE SUGAR LOVER SWEETIE

MUSIC WINGS

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Valentines Cupid by Karen H

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Fit and Fabulous All Winter Long



(360) 297-1263 | www.myvillagegreen.org

You may be what you find inside!



QUALITY CLOTHING • JEWELRY • HOUSEWARES KITCHENWARE * ARTWORK * HOLIDAY DÉCOR WEEKLY & MONTHLY DISCOUNTS!

Hours: Wednesday, Thursday, Saturday 10am - 3pm

25994 Barber Cut-Off Rd., Kingston, WA sharenetfoodbank.org 360-297-2266

February 2024

6:30 pm Little Norway

Toastmasters 6:30 pm Spoken Mic



THE KINGSTON LIBRARY REGULAR HOURS Monday through Thursday 10 am - 6 pm Friday & Saturday 10 am - 5 pm (360) 860-5070 Krl.org



NORTH KITSAP BOYS & GIRLS CLUB 6:30 am - 6:30 pm For more information call (360) 297-3996 bgcsc.org



VILLAGE GREEN
COMMUNITY CENTER
REGULAR HOURS
Monday through
Thursday 9 am - 6 pm
Friday 9 am - 5 pm
Saturday 10 am - 5 pm

Visit our website at MyVillageGreen.org for our most up-to-date calendar.

Follow our Facebook page "Village Green Community Center"

Sunday	28	Monday	29	Tuesday 30
10 am Agate Pass Friends - Quakers 1 pm Baking with Isabel: N Style Pizza		11 am Full Body Toning 12:30 pm Mahjong 6 pm Childbirth and Newborn Care		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi
	4		5	6
10 am Agate Pass Friends Quakers 12 pm Baking with Isabel: Valentine Chocolates	-	11 am Full Body Toning 12:30 pm Mahjong 6 pm Photo Group		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi
	11		12	13
10 am Agate Pass Friends Quakers	-	10 am Blood Drive 10 am Friends of the Library 11 am Book Donations 11 am Full Body Toning 12:30 pm Mahjong		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 10 am Garden Lecture pg. 3 10:30 am Baking with Isabel 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi 6:30 pm Card Making 6:30 pm Little Norway Toastmasters
	18		19	20
10 am Agate Pass Friends Quakers 3 pm Kitsap Environmenta Coalition free movie		We Are Closed PRESIDENTS DAY		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 11:15 am Kingston Historical Society 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi 6 pm Dementia Friends -pg 13 6:30 pm VGMPD Commissioner Meeting
	25		26	27
10 am Agate Pass Friends Quakers	-	11 am Full Body Toning 12:30 pm Mahjong		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi 6:30 pm Little Norway

CLASSES AND EVENTS

Wednesday 31	Thursday 1	Friday 2	Saturday 3
11 am Full Body Toning 11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club	7 am Kiwanis 8 am Yoga 11:30 Chamber Lunch 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 pm Dance Workout 6:30 pm Professionally Speaking Toastmasters 7 pm Greater Kingston Radio Club	9 am Kingston Stakeholders 11 am Full Body Toning 12:30 pm Needlecraft	10 am Dance Workout 1 pm Cardio Kickboxing
7	8	9	10
7 am Senior Foot Care 9:30 am Card Making 11 am Full Body Toning 11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club	7 am Kiwanis 8 am Yoga 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 pm Dance Workout 6 pm KYSA 6 pm "Flamingos in February" art class for all -see page 15 for more info-	11 am Full Body Toning 12:30 pm Needlecraft 5 pm Community Meal 6:30 pm Artist Reception	10 am Dance Workout 10 am Couple Massage class -see page 10 for more info- 11 am Book Donations 11:30 am Breathwork Class 1 pm Cardio Kickboxing
14	15	16	17
9:30 am Card Making 11 am Full Body Toning 11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club 6:30 pm Kingston Community Advisory Council (KCAC)	7 am Kiwanis 8 am Yoga 12 pm Chair Yoga 12:30 pm Drop-In Painting 2 pm Kingston Writers Group 2:30 pm Barre 5:15 Dance Workout	11 am Full Body Toning 12:30 pm Needlecraft	10 am Dance Workout 10 am Hometown Reunion (Kingston Historical Society) -see page 2- 1 pm Cardio Kickboxing
21	22	23	24
11 am Full Body Toning 11 am Senior Computing 12 pm Senior Luncheon 12:30 pm Bridge Club 6 pm Rotary	7 am Kiwanis 8 am Yoga 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 Dance Workout 6:30 pm Watercolor Technique art class - pg 14	11 am Full Body Toning 12:30 pm Needlecraft	10 am Dance Workout 10 am Baking with Isabel TBD 1 pm Cardio Kickboxing
28	29	1	2
11 am Full Body Toning 11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club 1 pm Port Commissioners Meeting	7 am Kiwanis 8 am Yoga 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 pm Dance Workout 6:30 pm Professionally Speaking Toastmasters	9 am Kingston Stakeholders 11 am Full Body Toning 12:30 pm Needlecraft	10 am Dance Workout 12 pm Baking with Isabel TBD 1 pm Cardio Kickboxing



Valentine's Delight

A transformative 3-hour class on learning to communicate with your partner through healing touch.

- Witness hands-on demonstration and actively participate in practical exercises.
- All necessary supplies will be provided to ensure an immersive experience.
- Relevant references and tools.
- Take home kit: including foot bath, salts, oils, rose petals, treats from Sweet Life Cakery, and more.
- Enhance your connection and learn the art of compassion touch.

Date: February 10th

Time: 10:00 am to 1:00 pm

Location: Village Green, Kingston

Tuition: \$125 per couple



Aimee' Lee Busch—Butterfly Bodywork Kaylee Willman—Willman Wellness





Puzzle I (Medium, difficulty rating 0.47)

						3	4	
		8	9		3	5	1	
6				7				8
7			8	6			5	
		2		1		9		
	6			9	5			2
1				5				4
	2	6	1		4	7		
	9	4						



MAKE YOUR OWN GREETING CARDS!

Next card making sessions:

Wed., February 7th at 9:30 am Tue., February 13th at 6:30 pm Wed., February 14th at 9:30 am

\$10 per person for 3 cards

Generated by http://www.spensky.ca/sudoku on Thu Jan 11 17:46:56 2024 GMT. Enjoy!

Turning 65?

Health care for the whole you in Kitsap county

Get the right coverage, local resources and the care you need to live the life you want.

Monthly Plan Premiums with Dental, Vision and Hearing Call for an appointment

Eric Suhadolc (360) 644-7272 (TTY: 711) 9:00 AM - 5:00 PM Mon. - Fri. A licensed agent will answer your call. EricS@MedicareOptimized.com www.MedicareOptimized.com



Aetna Medicare is a HMO, PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. Plan features and availability may vary by service area. We do not offer every plan available in your area. Currently we represent 8 organizations which offer 70 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program to get information on all of your options.

♥aetna medicare solutions



Deeper Exploration Into Your Inner Self Using Breathwork

January to March - 2nd Saturday at 11:30am April to October - 3rd Wednesday at 6 pm

What Breathwork Can Do for You:

- · Reduced stress, tension or constriction
- · Feelings of love, peace, and gratitude, clarity, connection
- · Release of trauma or mental, physical and emotional blocks
- Release anxiety, depression, fear, grief, anger, stuck energy
- · Access to unconscious memories relevant to your healing path
- Deeper states of consciousness, clearer visions, inspiration
- · Clarity about all aspects of your life

Find out more at www.DrJillPaisley.com or call 360-710-8250





Become a Dementia Friend

Come to a Dementia Friends information session to learn a little more about what it's like to live with dementia and turn that understanding into action.

What happens at the Information Session?

The 1-hour session is a discussion lead by a Dementia Friends Champion. It is not a training session. You'll learn what dementia is, what it's like to live with the disease, and some tips for communicating with people who have dementia.

Date: February 20th

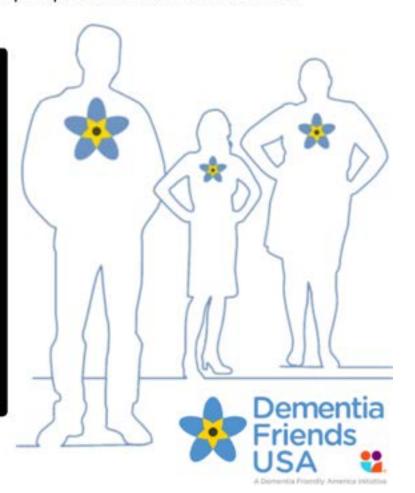
Time: 6-7:30pm

Location: Village

Community Center

Register at:

myvillagegreen.org (or at the front desk)





Tickets: bgcsc.org/BlueDoorGala



WATERCOLOR TECHNIQUE ART CLASS

Learn simple drawing and composition techniques while you explore various watercolor methods, including color theory, washes and wet-on-wet and wet-on-dry approaches. This class will begin with learning and practicing brush control skills while experimenting with color mixing methods. Take home a finished piece at the end of class. All high-quality art supplies are included.

Next Session:

Thursday, February 29, 2024

6:30 - 8:30 pm

Open to artists ages 16 years - Adult





Flamingos in February

Thursday, February 8th - 6:00 PM

Fun & Fabulous! Fantastic class for couples. Fine for any age. Supportive and experienced instruction by longtime local artist Beverly Jewett. Family friendly drinks and snacks. \$40 per person (+tax) includes all supplies.

Village Green Community Center 26159 Dulay Rd NE, Kingston

Visit art-by-beverly.square.site for more classes and information.

Coming soon...

Isabel Gates' baking classes for February - go to www.MyVillageGreen.org to check for new classes and to register.

Kitsap Environmental Coalition 2024 movie theme: "Conversations about climate change and our community" - look for upcoming movies scheduled every 3rd Sunday.

Childbirth and newborn care classes are coming in March, May, July, September, and November this year. Watch for schedules coming soon!

VILLAGE GREEN COMMUNITY CENTER





The Village Green Community Center opened in May 2016. It is managed by The Village Green Metropolitan Park District with the support of The Village Green Foundation, a 501(c)(3) organization.

The elected VGMPD Commissioners are Bobbie Moore, Tracy Harris, Jason Manges, Bob Netzel, and Pat Pearson.

Managed by Marcy Kispert

Indoor Pickleball

Monday thru Friday
9 am - 2 pm
Saturday 10 - 12 pm
\$4 drop-in
\$30 for 10 passes

*During the school year, non-school days affect pickleball hours.

