

We are at the heart of Kingston and our purpose is to CONNECT AND STRENGTHEN THIS COMMUNITY. The Kingston Library, Boys & Girls Club, Elevated Adventures, and Senior Center are all located here in one place. We are also an event space for weddings, conferences, meetings and more. Located near downtown Kingston and the Kingston/Edmonds ferry.



JANUARY 2024 NEWSLETTER

One Day - New Year - New You! **Breathwork Retreat**

January 20th from 9 am to 4 pm

Register at www.DrJillPaisley.com ~page 3~

Cooking & Baking Classes

January - February with Pastry Chef Isabel Gates ~page 2~

PH: 360-297-1263 www.MyVillageGreen.org 26159 DULAY ROAD NE KINGSTON, WA 98346

WHAT'S NEW?

Upcoming Classes with Pastry Chef Isabel Gates

SAT, JAN 6 10 am - 1 pm NAAN AND PITA BREADS \$65



SAT, JAN 20 10 am - 1 pm A SPECIAL BREAKFAST MENU \$65





SUN, JAN 28 1-4 pm NAPOLI-INSPIRED PIZZA \$65





THU, JAN 11 10 am - 1 pm SAVORY POT PIES \$70



SAT, FEB 3 10 am - 2 pm A VALENTINE BOX OF CHOCOLATES \$75



Register at MyVillageGreen.org

NAAN AND PITA BREADS - Bake great naans and pitas, also learn how to make baba ghanoush and other delicious dipping sauces.

SAVORY POT PIES- Classic Comfort Food, meat and veggies (or veggie only) in a creamy gravy enveloped in a flaky crust.

BREAKFAST IN BED- Master a French omelet, homemade brioche, delicious jam, a fruit cup with homemade yogurt and your own granola.

NAPOLI-INSPIRED PIZZA- Authentic Italian pizza dough, homemade pizza sauce using heirloom tomatoes, and even your own fresh mozzarella.

A VALENTINE BOX OF CHOCOLATES-In this class, you'll make a variety of molded and dipped chocolates and featuring several tasty ganaches and garnishes.





Deeper Vitality Breathwork

ONE DAY-NEW YEAR - NEW YOU! BREATHWORK RETREAT

THE VILLAGE GREEN COMMUNITY CENTER KINGSTON WA

At this retreat, you'll have the opportunity to deep dive within yourself, heal past wounds and embrace a new way of living!



Hosted by: Dr. Jill Paisley

JANUARY 20TH, 2024

9 AM TO 4 PM

LUNCH PROVIDED

- Create the life of your dreams by letting go of the past
- Release your past physical and emotional trauma
- clear stress, anxiety and depression
- · Learn about self-love and selfhealing
- · Reach the next level by simply learning to breath in a certain way
- Transform your life by showing up for yourself



m www.drjillpaisley.com



GROUPS & CLUBS

Village Green Photo Group 1st and 3rd Mondays @ 6 pm





Kingston Writer's Group 3rd Thursday @ 2 pm







Radio Club 1st Thursdays @ 7 pm





Bridge Wednesdays @ 12:30 pm



KFOL Book Donations 2nd Saturday and Monday @ 11 am *only 1-2 small boxes or bags per person





Kingston Historical Society 3rd Mondays @ 11:15 am

Kiwanis Club Thursdays @ 7 am





Rotary Club Wednesdays @ 12 pm Every 3rd Wednesday @ 6 pm



Little Norway Toastmasters 2nd and 4th Tuesdays @ 6:30 pm

Professionally Speaking Toastmasters 1st and 3rd Thursdays @ 6:30 pm



Chamber of Commerce 1st Thursday at 11:30 am



Kingston Super Senior Luncheon

3rd Wednesday of Every Month at 12 pm

Enjoy a hot meal and beverages while spending quality time with friends.

\$10 per person

RSVP to HETTY at (360) 297-2241 or CAROL at (360) 860-5891





EXERTION



DANCE WORKOUT

Energetic, Fun, Easy to Follow \$4 | Thur. @ 5:15 pm, Sat. @ 10 am BARRE Low-impact, ballet-inspired workout \$15 or 8 passes for \$95 Tues. 1 pm, Thur. @ 2:30 pm

YOGA

Hatha-style, Relaxing, Rejuvenating \$5 | Tues. & Thur. @ 8 am

QIGONG Breathing & meditative exercises Donation | Tues. @ 2:15 pm



Fun, Competitive (indoors)

LINE DANCING Exercise body & brain and have a



\$3 | M-F 9am-12pm, Sa 10-12

blast FREE | Tuesday @ 11 am



Gentle, Relaxing, Rejuvenating \$2 | Tue. @ 10 am, Thu. @ 12 pm

Stretching, cardio and resistance **FULL BODY** training to tone every part of your **TONING** body

\$2 | Friday @ 10 am

CARDIO KICKBOXING

Get a whole body workout based on martial arts. \$15 | Saturday @ 1 pm

TAI CHI

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Gentle, Relaxing Donation | Tues. @ 2:45 pm

VILLAGE GREEN COMMUNITY CENTER



Village Green Community Center is bringing new life to its monthly newsletter. Now, locally printed and designed, it has brighter pages, sharper images, flexible ad spaces, and a steadily growing reader base as more of Kitsap discovers the heart of Kingston.

To advertise with us, contact Programs@myvillagegreen.org

January Library Programs

Adults

Kingston Book Group

This month we will discuss: "The Woman They Could Not Silence" by Kate Moore. **Wednesday**, **Jan. 3**, **10:00 -11:30 a.m.**

Take & Make: Fairy Doors

Stop by and pick up a kit filled with supplies to build a fairy door for all of your magical friends. Ages 10 - Adult.

Daily, Jan. 22-26. While supplies last.

Kids

Read to a Dog Grades K-5 Wednesday, Jan. 24, 3:30-4:30 p.m.

Slime Party

Create slime to play with and to take home. **Wednesday, Jan. 17, 3:30-4:30 p.m.**

Take & Make: Paper Snowglobes

Daily, Jan. 29-Feb 2. While supplies last.

Little Learners

Parachute Party

Shake and move the big parachute, while you dance and groove with silly kids' music. Ages 0-5 years.

Thursday, Jan. 4, 11-11:30 a.m.

Family Storytime Ages 0-5

Mondays, 10:30-11 a.m. - Jan. 22, 29

Baby Storytime Mondays, 1-1:30 p.m. - Jan. 22, 29

Baby Band Ages 0-2

Babies and caregivers enjoy musical experiences that build early literacy skills and encourage social and emotional development.

Thursday, Jan. 25, 1-1:30 p.m.

Early Learning Playtime Ages 2-6

Drop in and explore various sensory and motor skills for learning through play.

Tuesday, Jan. 30, 10:30-11:30 a.m.







For more information visit KRL.org/events



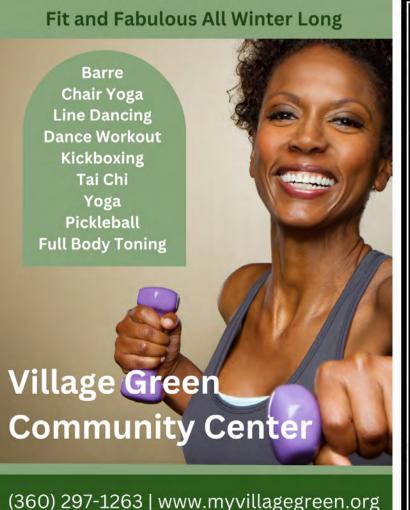
ANTIQUE
AUCTION
BARGAIN
BID
BROWSE
CATALOG
COLLECTION
DARING

DEAL
DIG
DISCOVER
EXHIBIT
FIND
GALLERY
GLASS
ORIGINS

PRECIOUS
RARE
STONES
TRAVEL
TREASURE
VALUE
VASE
WATER

Find A Treasure by Karen H.

OCKXDTLTGNIRADTB RMDQ D Т KGK D D Т M N Т CBWXG В 0 A EVQECAB LNSMG Т S U Q DRDE OGGOS AXCQD Α R T U C ΧL Т OMMVCRVL В G E U D RADN Ν Т KRQ NFDKGMBXWQ





sharenetfoodbank.org 360-297-2266

January 2024



THE KINGSTON LIBRARY REGULAR HOURS Monday through Thursday 10 am - 6 pm Friday & Saturday 10 am - 5 pm (360) 860-5070 Krl.org



NORTH KITSAP BOYS & GIRLS CLUB 6:30 am - 6:30 pm For more information call (360) 297-3996 bgcsc.org



VILLAGE GREEN
COMMUNITY CENTER
REGULAR HOURS
Monday through
Thursday 9 am - 6 pm
Friday 9 am - 5 pm
Saturday 10 am - 5 pm

Visit our website at MyVillageGreen.org for our most up-to-date calendar.

Follow our Facebook page "Village Green Community Center"

Sunday 3	Monday	1	Tuesday
0 am Agate Pass Friends - Quakers	We Are Closed.		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi
	7	8	
0 am Agate Pass Friends - Quakers	10 am Friends of the Library 11 am Book Donations 12:30 pm Mahjong		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi 6:30 pm Card Making 6:30 pm Little Norway Toastmasters
1	4	15	
0 am Agate Pass Friends - Quakers	We Are Closed MARTIN LUTHER KING JR.		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 11:15 am Kingston Historical Socie 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi 6:30 pm VGMPD Commissioner Meeting
7	21	22	:
0 am Agate Pass Friends - Quakers	12:30 pm Mahjong		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi 6:30 pm Little Norway Toastmasters 6:30 pm Spoken Mic
2	28	29	:
0 am Agate Pass Friends - Quakers pm Baking with Isabel: Napo tyle Pizza	12:30 pm Mahjong li-		8 am Yoga 9:45 am Laptops & Littles 10 am Chair Yoga 11 am Line Dancing 1 pm Barre 2:15 pm Qigong 2:45 pm Tai Chi

CLASSES AND EVENTS

Wednesday 3	Thursday 4	Friday 5	Saturday 6
7 am Senior Foot Care 11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club	7 am Kiwanis 8 am Yoga 11:30 Chamber Lunch 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 pm Dance Workout 6:30 pm Professionally Speaking Toastmasters	9 am Kingston Stakeholders 10 am Full Body Toning 12:30 pm Needlecraft	10 am Baking with Isabel: Homemade Naan and Pita Breads 10 am Dance Workout 1 pm Cardio Kickboxing
10	11	12	13
9:30 am Card Making 11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club 6:30 pm Kingston Community Advisory Council (KCAC)	7 am Kiwanis 8 am Yoga 10 am Baking with Isabel: Savory Pot Pies 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 pm Dance Workout 6 pm KYSA	10 am Full Body Toning 12:30 pm Needlecraft 5 pm Community Meal	10 am Dance Workout 11 am Book Donations 1 pm Cardio Kickboxing
17	18	19	20
11 am Senior Computing 12 pm Senior Luncheon 12:30 pm Bridge Club 6 pm Rotary	7 am Kiwanis 8 am Yoga 12 pm Chair Yoga 12:30 pm Drop-In Painting 2 pm Kingston Writers Group 2:30 pm Barre 5:15 Dance Workout	10 am Full Body Toning 12:30 pm Needlecraft	10 am Baking with Isabel: A Very Special Breakfast in Bed 10 am Dance Workout 1 pm Cardio Kickboxing
24	25	26	27
12 pm Rotary 12:30 pm Bridge Club 1 pm Port Commissioners Meeting	7 am Kiwanis 8 am Yoga 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 Dance Workout 6:30 pm Art & Appetizers	10 am Full Body Toning 12:30 pm Needlecraft	10 am Dance Workout 1 pm Cardio Kickboxing
31	1	2	3
11 am Senior Computing 12 pm Rotary 12:30 pm Bridge Club	7 am Kiwanis 8 am Yoga 11:30 Chamber Lunch 12 pm Chair Yoga 12:30 pm Drop-In Painting 2:30 pm Barre 5:15 pm Dance Workout 6:30 pm Professionally Speaking Toastmasters	9 am Kingston Stakeholders 10 am Full Body Toning 12:30 pm Needlecraft	10 am Baking with Isabel: Valentine Box of Chocolates 10 am Dance Workout 1 pm Cardio Kickboxing



Pickleball at Village Green



Pickleball has become a favorite pastime and exercise of choice here in Kingston. At Village Green Community Center, more and more Pickleballers have been emerging to play and who love to use both the outside courts and the indoor gym.

Over the last year, the Village Green Foundation has paid to have soundproofing panels installed in the gym, to help pad the noise, and permanent pickleball lines painted to replace the use of tape.

We regularly work with pickleball group leaders to establish counting systems to keep the flow of play as smooth as possible.

NEW RATES

In 2024, rates are changing. This happens very infrequently, and we really appreciate your support of our beautiful Community Center facilities.

\$4 drop-in fee or \$30 for a 10-punch pass Winter hours: Monday thru Friday 9 am - 2 pm Saturday 10 - 12 pm

*During the school year, non-school days affect pickleball hours.

Thank you for being a part of the Village Green family!

Puzzle 1 (Medium, difficulty rating 0.47)

			2	3			8	
9	6				4			
		8	6		1		7	4
		6	9		5	4		
			7.1	4				
		2	7		8	5		
6	2		3		7	8		
			4				3	1
	1			9	2			

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MAKE YOUR OWN GREETING CARDS!

Next card making sessions:
Wed., January 3rd at 9:30 am
Tue., January 9th at 6:30 pm
Wed., January 10th at 9:30 am
\$10 per person for 3 cards

(360) 204-8090 | Jessica Garrett 🕸 Doug Hallock | (360) 271-1315









THANK YOU to our 30+ volunteers who help keep the Village Green Community Center running smoothly. Their selfless dedication, attentive customer service, willingness to help wherever needed, and exuberant spirits are what makes the magic happen. We could not run this Community Center without each and every one of them.

Please let them know they are appreciated!



We have two emerging programs we are looking for support:

If you have a passion for gardening, consider joining our ALL THINGS GREEN at VILLAGE GREEN KINGSTON team. New ideas are unfurling and need your time and energy to encourage their growth.

If you love The Arts, consider joining our rediscovered Village Green Arts Program. Having made its debut as a committee for the Village Green Foundation, it has a well-established practice of offering concerts, heritage events, artist receptions, and other creative outlets. We are looking to expands our horizons.

Contact Programs@myvillagegreen.org or pick up a Volunteer Application in the lobby

All in One Place: 100 Families from Kingston's First 75 Years

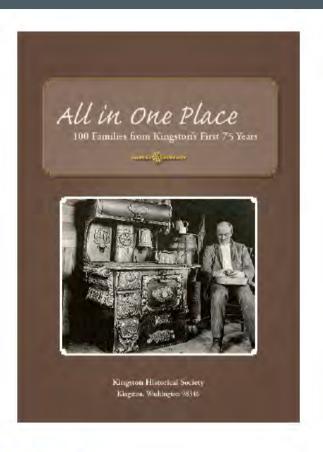


Send information, photographs or documentation of

Kingston families from 1890–1965

by postal mail, or email us for local pickup of your materials.





HISTORICAL SOCIETY EVENTS

2023

Kingston Pirate Festival

Book Kickoff!

Begin collecting Family Sources

June 17th 10-6 Port of Kingston

Discover Kingston Show draft book design, collect Family Sources

> October 2nd 4–7 Village Green

2024

Hometown Reunion Share stories, photos and artifacts

February 17th 10-12 Village Green

Kingston Pirate Festival Last chance to submit Family Sources

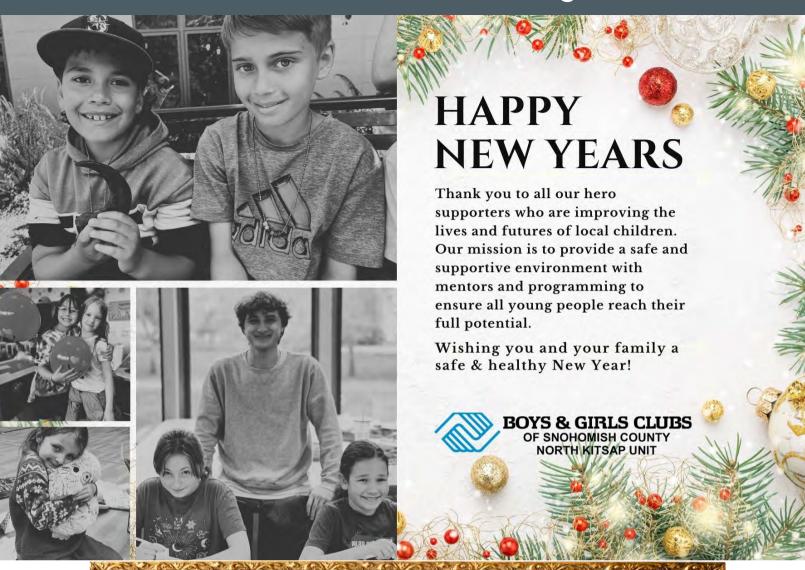
> June 8th 10-6 Port of Kingston

JUNE 2025 PUBLISH DATE



Kingston Historical Society

Post Office Box 263—Kingston, Washington 98346 kingstonwahistory@gmail.com kingstonhistory.org





Watercolor Technique

Art Class Thursday, Jan. 25th 6:30 - 8:30 pm Ages 16 to adult \$45



Register at KitsapArtCenter.com

HOLIDAY GIFT FAIR

The Village Green's 2023 Handmade
Holiday Gift Fair was a huge success.
Thank you to all the vendors for
participating and to all the volunteers
who helped with setup, cleanup, and
vendor support!







BACK PAGE





The Village Green Community Center opened in May 2016. It is managed by The Village Green Metropolitan Park District with the support of The Village Green Foundation, a 501(c)(3) organization.

The elected VGMPD Commissioners are Bobbie Moore, Tracy Harris, Jason Manges, Bob Netzel, and Pat Pearson.

Managed by Marcy Kispert

Puzzle 1 (Medium, difficulty rating 0.47)

4	5	7	2	3	9	1	8	6
9	6	1	8	7	4	3	2	5
2	3	8	6	5	1	9	7	4
3	7	6	9	2	5	4	1	8
5	8	9	1	4	3	7	6	2
1	4	2	7	6	8	5	9	3
6	2	4	3	1	7	8	5	9
7	9	5	4	8	6	2	3	1
8	1	3	5	9	2	6	4	7

